

BTEC Level 3 Extended Diploma in Sport (Year 13) Summer Independent Learning 2021

Preview section

This links into the topics you will be looking at in September.

This work is linked to Unit 19 – Development and Provision of Sport and Physical Activity

Click on the link or access via Teams. Read the chapter for Learning Aim A - <u>Unit 19 - Development</u> and <u>Provision of Sport Textbook</u>

Learning Aim A Unit Content - Principles of sports development

A1 Sports development

Understand the terms and importance of sports development within sporting contexts using examples to encourage participation, inclusivity and progression.

- Participation:
 - o recreational
 - o competitive
 - o professional
 - o in a variety of roles performer, official, coach, administrator, volunteer.
- Inclusivity:
 - o types of target groups
 - o gender
 - o age
 - o socio-economic
 - o ethnicity and disability.
- Progression along the sports development continuum.
- The sports development continuum: understand the levels –foundation, participation, performance, excellence and function of talent ID.

A2 Participation barriers, solutions and impacts

Understand factors impacting on participation and potential solutions to increase participation rates exploring examples within a sporting context.

- Barriers to participation:
 - o gender
 - o age
 - o socio-economic

o ethnicity and disability. • Solutions to barriers: o concessionary rates o promotions o accessibility o facilities o equipment o transport o staffing and staff training o education and publicity. • Impact of sports development on: o community cohesion o health and wellbeing o regeneration o crime o education. A3 Sports development stakeholders Understand the roles and functions of people and organisations in sports development and have an awareness of sports development stakeholders, their function and key personnel within a sporting context. • Sports development stakeholders in the wider sport development context – local, national and global level. • Stakeholders: o local authority o Sport England o UK Sport o politicians o facility management o National Governing Bodies (NGBs) o world governing bodies o voluntary/public/private sector o education providers o healthcare providers. • Stakeholder function: o funding o resourcing o promoting o coaching o strategic planning o research o consultation groups. • Key stakeholder personnel:

o sports-specific development officers o community development officers

o club officialso administratorso participants.

o community leaders o local authority councillors

A4 Methods of measuring sports development

Understand the purpose, methods and importance of measuring sports development using sporting examples.

- Purpose of measuring sports development:
 - o meeting aims
 - o standardisation
 - o improvement
 - o impact
 - o success measures: effects on participation, inclusion and progression, education, drug use, crime, regeneration, health and wellbeing, community cohesion.
- Methods of measuring sports development:
 - o benchmarks
 - o quality schemes
 - o Key Performance Indicators (KPIs)
 - o primary data
 - o secondary research.

Task 1

- 'Sport development' has the following three key principles behind it which are explored in this section.
- 1 To increase participation levels
- 2 To increase levels of inclusivity
- 3 To help people progress their level of sport along a 'sport development continuum'.

On a Word Document - Explain 'Participation', 'inclusivity' and the 'sport development continuum' in sport development

Task 2

Barriers to participation - gender, age, socio-economic, ethnicity and disability.

Task 3

Understand the roles and functions of people and organisations in sports development and have an awareness of sports development stakeholders, their function and key personnel within a sporting context.

reate a table and complete						
Stakeholder	What do they do?					
What are stakeholder fun	ctions?					
Who are key stakeholder	nersonnel?					
- villo are key stakenoluer						

Task 4

Understand the purpose, methods and importance of measuring sports development using sporting examples.

On a voice / video recording – Create a 5 minute social media post explaining why we measure sport development and 1 way we can do it.

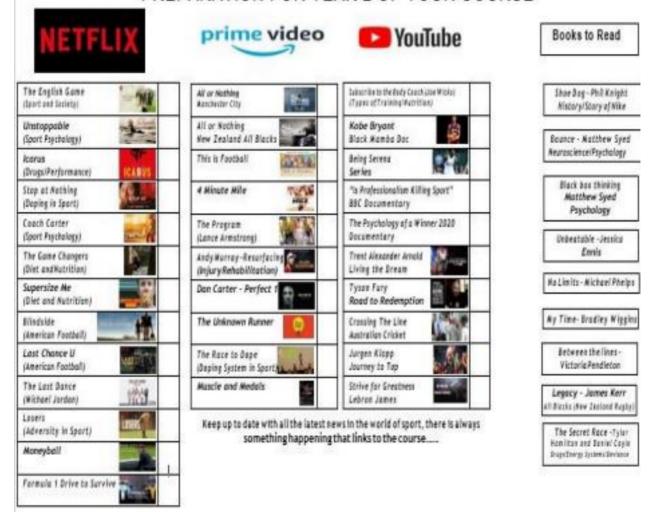
You can use Microsoft Teams or use an app on your phone.

Expanding your subject knowledge section

This section is designed to develop your understanding of a sporting context and recent contextualisation in Sport and Leisure settings.

Choose	1	Optio	on from	the	lists	below	and	write	а	repor	t (min	imum	1	xA4)	which;
Describes	5		an		C	verview		(of		the			Vide	eo/Book
Explains	t	the	relationsl	nip	betwee	en the	vid	leo/boo	k	and	your	BTEC	Sp	oort	Course
Analyses		the	vide	o/boo	k	and	discu	SS	you	r	opinion	an	ıd	СО	nclusion
Tick the	box	es of	the ones	you a	re com	pleting.	Feel fr	ee to w	atch	n as ma	ny as yo	ou want	t if y	you ha	ve time

LEVEL 3 BTEC SPORT DEVELOP YOUR KNOWLEDGE OF SPORTING CONTEXT IN PREPARATION FOR YEAR 2 OF YOUR COURSE



Expanding your subject knowledge Learning Log

Record here any additional reading/viewing you are undertaking in order to show what you have been completing in order to prepare you for the course. Use the reading list on the previous slides you have been given for guidance on what you could you watch/read.

Date	Title	Summary of content	My thoughts