

Introduction to Y13 Psychology – Summer Independent Learning 2021

Your SIL includes two sections – preview work on Psychopathology and completion of Research Methods/Issues and Debates:


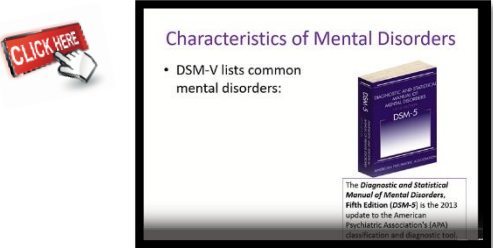
- 1. Preview work on Psychopathology** which will be the first topic taught in the Year 13 course (Characteristics and Definitions of Abnormality).

Please complete the listed tasks in the order they are presented. If you are able to print this document, then please do so and **tick the checklist off** as you complete each task. If you are unable to print this document, then just read the checklist and use it as a guide.



You will be expected to produce all of this work as evidence of completion to your teacher upon your return to college in September

Tick when each “mini” task is complete

Task Number & Title	Description of Task	(✓/✗) Task Complete
<p>Preview work for PSYCHOPATHOLOGY CHARACTERISTICS</p>	<p>Watch the three introductory videos to OCD, depression and Phobias as these disorders are referred to throughout the topic by clicking on the images for the links:</p> 	
<p>DEFINITIONS OF ABNORMALITY</p>	<p>Lesson 1 – Characteristics of Disorders</p> <p>Access the video lesson by clicking on the image for the link and complete all activities and exam Q's:</p> 	
	<p>Lesson 2- Deviation from Social Norms</p>	

DEFINITIONS OF ABNORMALITY

Watch the video clip on Adult babies first and then access the video lesson by clicking on the images and complete all activities and exam Q's:



1. Deviation from Social Norms

Behaviour is abnormal if it goes against (deviates) from what society would consider the norm.

Lesson 3 – Failure to Function Adequately

Watch the video clip on Cat Man first and then access the video lesson by clicking on the images link and complete all activities and exam Q's



Failure to Function Adequately

- **DEFINITION:** Behaviour is abnormal if it prevents a person from leading a normal, everyday life and coping with everyday activities.

Stress and discomfort is created from:

- Unable to **MANAGE** everyday things
- Cannot **COPE** with the demands of everyday life (work / college, shopping)

DEFINITIONS OF ABNORMALITY

Lesson 4 – Deviation from Ideal Mental Health

Access the video lesson by clicking on the image link and complete all activities and exam Q's



3. Deviation from Ideal Mental Health

- **DEFINITION:** Behaviour is abnormal if it lacks the signs of what people consider to be **ideal mental health**. It is the absence of particular (ideal) characteristics.

This definition is very much based on the Humanistic Approach

Lesson 5 – Statistical Infrequency

Access the video lesson by clicking on the image link and complete all activities and exam Q's



4. Statistical Infrequency

- **DEFINITION:** Behaviour is abnormal if it is considered (statistically) rare / uncommon in the general population, or it is not seen very often in society

It is rare / uncommon to have a phobia of buttons – that makes it abnormal!

ADDITIONAL CONTENT

Research Methods Completion *(This must be completed by the end of the first week back in September)*

Access the video lesson below to complete the remaining material in Research Methods Booklet 3. *Please ensure you complete all activities and exam questions referred to in the videos.* **Features of Science pg. 31-35**

<https://web.microsoftstream.com/video/ebd3b72c-f811-42ac-a2c4-d70b23d8862e>

Issues and Debates Preview:

Watch the following clip <https://www.youtube.com/watch?v=FwaMpTv-Xgw> and complete the activities below:

	Definitions	Methods used	Examples of research
Idiographic			
Nomothetic			

Now try applying your knowledge to the examples below based on studies from year 12.

Study	Summary of study	Idiographic/nomothetic
Phineas Gage		
Pavlov's dogs		

Ainsworth's strange situation		
Little Hans		

Additional reading on the debate –

Why can't we be more Idiographic in our research? -

https://dash.harvard.edu/bitstream/handle/1/4133809/Nock_Idiographic.pdf?sequence=3

Bridging the Nomothetic and Idiographic Approaches to the Analysis of Clinical Data -

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5104664/>

LINKS USED IN THE VIDEOS

If for whatever reason you have an issue accessing any of the video content, here is a handy list of all the links used through this SIL.

<https://www.youtube.com/watch?v=PCOg2G797ek> (Phobias)

<https://www.youtube.com/watch?v=-1w9zCNhVBo> (OCD)

<https://www.youtube.com/watch?v=z-IR48Mb3W0> (depression)

<https://web.microsoftstream.com/video/f2231264-c1cd-4030-a54c-b4e59a3a172c?list=studio> (Characteristics of Disorders)

<https://www.youtube.com/watch?v=qtUm1Pok4FQ> (Adult babies)

<https://web.microsoftstream.com/video/fbc472a7-e1e4-44a0-be73-fd3dcb51c209>
(Deviation from Social norms)

<https://www.youtube.com/watch?v=AKRr94ssnQo> (Cat man)

<https://web.microsoftstream.com/video/c7abb28b-f372-47fc-9b8a-aeb11035e626>
(Failure to Function Adequately)

<https://web.microsoftstream.com/video/ebcf78f2-14ac-4c2c-ac1a-c2a32a04cd55?list=studio> (Deviation from Ideal Mental Health)

<https://web.microsoftstream.com/video/3c3e3a8c-abc6-43a0-9d04-9bc3a5e96b28>
(Statistical Infrequency)